



BECAUSE TRAILS

LADIES MTB CAMP 2020 TENTATIVE SCHEDULE OF EVENTS

FRIDAY, JUNE 7

- 5:30 pm **Casual Group Ride** (optional)
- 7:30 pm – 9:30 pm **Check-in, Bike Set-Up, and Educational Sessions** (Bring Your Bike)
- Food Provided. Tentative Location: Forestville Trailhead*

SATURDAY, JUNE 8

- 9:00 am **Welcome and Introductions** at NTN Forestville Trailhead
- 9:30 am – 12:30 pm **Mountain Biking “Skills and Drills”**
- 12:30 pm – 1:30 pm **Lunch** (Provided)
- 1:30 pm – 4:30 pm **Take Your Skills to the Trail**
- 4:30 pm – 5:00 pm **Saturday Wrap Up**
- 7:30 pm **Start the Cycle Fundraiser and Music** at Rippling River Resort

SUNDAY, JUNE 9

- 9:00 am **Wake-Up Yoga, Hot Coffee and Sweets**
- Meet at Rippling River Resort and Ride to Breakfast Spot*
- 10:00 am – 12:30 pm **Rider’s Choice – Work on Specific Skill** (Sign Up at Saturday Wrap Up)
- 1:00 pm **Goodbyes** at Rippling River Resort

Schedule is subject to change and adjustments may be made on site.